

**Introduction**

Collagen is one of the main components of extracellular matrix. Dysregulation in collagen production results in pathologies such as fibrosis (too much collagen), or osteoarthritis (too little collagen). Therefore measurement of collagen production is important in many disease related studies.

The QuickZyme total collagen assay is based on the detection of hydroxyproline. Hydroxyproline is a non-proteinogenic amino acid, which in mammals occurs in elastin and collagen. Its presence is mainly limited to the triple helix of collagen, where its presence increases the triple helix stability. Hydroxyproline is formed post-translationally from specific proline residues by action of the enzyme prolylhydroxylase. Hydroxyproline in tissue hydrolysates can be used as a direct measure of the amount of collagen present.

The measurement of collagen is started by complete hydrolysis of tissue samples in 6M HCl at 95°C. In the hydrolysate hydroxyproline residues are quantified using a modification of the method described by Prockop and Udenfriend (Anal. Biochem.,1960, 1: 228-239). The assay measures the total amount of hydroxyproline present in the sample, which represents all the types of collagen present in the sample without discriminating between the types of collagen and between procollagen, mature collagen and collagen degradation products. The assay is simple and results in a chromogen with an absorbance maximum at 570 nm. The assay is developed in such a way that it doesn’t need the drying step following acid hydrolysis for which often special equipment is needed.
Assay principle

What’s in the box?
- 100 special screw-capped tubes needed for sample hydrolysis
- 2 adhesive plate seals
- Assay buffer
- 2x Detection reagent A
- Detection reagent B
- Collagen standard (1200 μg/ml) in 0.02M acetic acid
- 96-well assay plate
- Assay protocol booklet

Other materials required
The following materials and equipment are required but not supplied:
- 12M and 6M HCl for sample hydrolysis
- 4M HCl for sample dilution
- Single and/or multichannel pipettes
- Eppendorf centrifuge
- Incubator (or thermoblock or calibrated oven) for heating at 95°C (not higher!)
- Incubator for heating at 60°C
- Microplate reader capable of measuring at a wavelength between 540 and 580 nm, 570 nm preferred.
- Microplate shaker
Storage conditions

Unopened kit:
Store at room temperature (RT) in the dark. Do not use kit components past kit expiration date.

Opened kit / reconstituted reagents:
The opened collagen standard should be stored at 4°C. The other opened reagents should be stored light protected at RT and are stable for at least 2 months. The reconstituted detection reagent (A+B) should be stored light protected at RT and is stable for at least 1 month after reconstitution.

Precaution
The kit contains n-propanol, perchloric acid, acetic acid and DMSO. See for relevant MSDS: www.quickzyme.com/products/total-collagen-assay. Wear eye, hand, face, and clothing protection during hydrolysis of the samples and when using the kit. Perform the assay in a fume hood.

Critical parameters
- Hydrolysis takes place at 95°C (not higher!) for 20 hrs. The screw-capped tubes should be tightly closed by hand. If tubes are not tightly closed, hydrolysis solution will evaporate and the sample will be lost.
- The incubation time for color development at 60°C during the last step of the assay is 1 hr. This is based on incubation in an oven. When incubation is performed in a plate incubator (with tight contact between incubator and plate) a reduced incubation time (20-30 min) is sufficient.
- When 35 μl of the (diluted) hydrolyzed sample is added to the assay buffer, a cloudy appearance can develop, that will disappear within a minute and does not influence the assay.
- At low temperature the assay buffer may contain some crystals. These can be dissolved by warming.
- If the hydroxyproline level in the hydrolyzed samples is too low for detection, samples can be concentrated by drying the hydrolyzed samples and redisolve them in a smaller volume of 4M HCl.
Buffer / reagent preparation
- Assay buffer is ready for use
- For preparation of the detection reagent mix 2 volumes of detection reagent A with 3 volumes detection reagent B. Detection reagent B and reagent A+B in concentrated form may attack certain types of plastics. Many types of disposable plastic pipets will be attacked by these solutions. For pipetting these solutions use PP or PE pipet tips, or glass pipets. The A+B solution should be made in PP, PE or glass tubes. Polystyrene or PET are not recommended. The 96-well plate provided in the kit is resistant to the dilute A+B solution present in the assay. Detection reagent B and the A+B mixture are corrosive and should be handled with care. Work in a fume hood, use proper eye and face protection and wear gloves.

Sample preparation (1)

- Conditioned culture medium / cell extracts
Conditioned media of cell cultures or cellular extracts (50 – 250 μl) are transferred to the screw-capped tubes and are diluted 1:1 (v/v) with 12M HCl (final concentration 6M HCl). A minimum of 50 μl sample and 50 μl 12M HCl is advised. Close tubes tightly before placing in oven. See also critical parameters above.

- Tissues
  A. Tissue homogenates
  Tissue homogenates are treated similarly as described above for conditioned culture medium and cell extracts.

  B. Tissue samples
  Tissue samples (either wet or dried) are weighed and transferred to the screw-capped tubes. The amount of tissue needed is highly dependent on the collagen level in the tissue. As an indication, dependent on the type and amount of tissue, add 6M HCl to obtain 50-300 mg tissue/ml. A minimum volume of 100 μl is advised. Close tubes tightly (see Critical parameters and Sample preparation (2)) before placing in oven.
Sample preparation (2)
Tubes must be closed very tightly (rubber ring should become well visible from above) and incubated for 20 hrs at 95°C in a calibrated oven or thermoblock (do not incubate at higher temperature). After incubation the tubes are cooled to room temperature. Do not open tubes until they have reached room temperature. Tubes are centrifuged for 10 min at 13,000 x g in an Eppendorf centrifuge. The supernatant is used for further analysis. Brown or black particles resulting from degradation of fat and carbohydrate may be present that are difficult to remove completely by centrifugation. The amount of particles depends on the sample. Try to avoid pipetting the particles upon transferring the supernatant. Apart from blocking the light path, the particles do not interfere with the assay.
First dilute the hydrolyzed sample with demi water: 1 volume sample + 0.5 volume water (e.g. 200 µl hydrolysate + 100 µl water). The sample is now in 4M HCl. All further dilutions (if needed) should be performed using 4M HCl. 35 µl of the diluted hydrolyzed sample is used for analysis in the assay.

Standard preparation
The collagen standard is provided as a stock of 1200 µg/ml in 0.02M acetic acid. For a standard line 125 µl of this standard is transferred to a screw-capped tube and mixed with an equal volume (125 µl) of 12M HCl (final concentration 600 µg/ml in 6M HCl). The tube is closed very tightly (rubber ring should become well visible) and incubated for 20 hrs at 95°C (not higher!) in a calibrated oven or thermoblock. After incubation the tube is cooled to room temperature and centrifuged for 10 min in an Eppendorf centrifuge at 13,000 x g. The supernatant is used for further analysis.
Label 8 Eppendorf tubes as S1-S8. S1 to S7 are dilutions of the hydrolyzed stock and S8 is a blank. The first dilution is made with water and 4M HCl to adjust to a 4M HCl concentration. Further dilutions are made in 4M HCl, according to the scheme below.
This results in a standard line as follows:
300 µg/ml (S1); 200 µg/ml (S2); 100 µg/ml (S3); 50 µg/ml (S4); 25 µg/ml (S5); 12.5 µg/ml (S6); 6.25 µg/ml (S7); 0 µg/ml (S8).
Mix all the standards well upon dilution.
35 µl of each standard is used for analysis in the assay.
### Pipetting scheme for the preparation of the samples for the collagen standard line

<table>
<thead>
<tr>
<th>Standard label</th>
<th>Sample from</th>
<th>4M HCl</th>
<th>H₂O</th>
<th>Conc (μg/ml)</th>
</tr>
</thead>
<tbody>
<tr>
<td>S1</td>
<td>125 µl hydr. stock</td>
<td>62.5µl</td>
<td>62.5µl</td>
<td>300</td>
</tr>
<tr>
<td>S2</td>
<td>120 µl S1</td>
<td>60 µl</td>
<td>-</td>
<td>200</td>
</tr>
<tr>
<td>S3</td>
<td>90 µl S2</td>
<td>90 µl</td>
<td>-</td>
<td>100</td>
</tr>
<tr>
<td>S4</td>
<td>90 µl S3</td>
<td>90 µl</td>
<td>-</td>
<td>50</td>
</tr>
<tr>
<td>S5</td>
<td>90 µl S4</td>
<td>90 µl</td>
<td>-</td>
<td>25</td>
</tr>
<tr>
<td>S6</td>
<td>90 µl S5</td>
<td>90 µl</td>
<td>-</td>
<td>12.5</td>
</tr>
<tr>
<td>S7</td>
<td>90 µl S6</td>
<td>90 µl</td>
<td>-</td>
<td>6.25</td>
</tr>
<tr>
<td>S8</td>
<td>0 µl</td>
<td>90 µl</td>
<td>-</td>
<td>0</td>
</tr>
</tbody>
</table>

### Assay procedure

*It is recommended that all samples and standards are assayed in duplicate*

1. Prepare the samples as described in ‘sample preparation’.
2. Prepare the collagen standard as described in ‘standard preparation’.
3. Pipette 35μl standard into appropriate wells of the assay microplate.
4. Pipette 35 µl of the diluted hydrolyzed unknown samples into the appropriate wells. Dilutions should be performed with 4M HCl.
5. Add 75 µl assay buffer to each well.
6. Cover the plate with an enclosed adhesive plate seal and incubate 20 minutes at room temperature, while shaking the plate.
7. Prepare a volume of detection reagent sufficient for the number of wells to be tested (75 μl/well) by mixing detection reagents A and B 2:3 (resp 30 μl +45 μl/well).
8. Add 75 µl detection reagent to each well.
9. Cover the plate with an enclosed adhesive plate seal.
10. Mix well by shaking the plate. Incubate 60 minutes at 60°C in an oven.
11. Cool the plate on ice to room temperature.
12. Clean the bottom of the plate and read the plate at 570 nm (540-580 nm acceptable) and perform data analysis.

Data analysis
Several options are available for the calculation of the collagen concentration in the assay samples. It is recommended that the data are handled by a software package utilizing a regression curve fitting program. If not available, the collagen concentration can be calculated manually as follows.
- Average the duplicate readings for each standard or sample and subtract the average blank from all readings.
- Create a standard curve by plotting the mean $A_{570}$ (minus blank) of each standard on the y-axis against the collagen content on the x-axis (0-3.13 – 6.25 – 12.5 – 25 - 50 – 100 – 200 - 300 μg collagen/ml hydrolysate). Draw a best-fit linearized curve through the points on the graph. Use this standard curve to convert the $A_{570}$ values of the test samples to μg/ml collagen. This gives the collagen concentration in the hydrolyzed sample. If after hydrolysis a dilution step is included, the concentration should be multiplied with the dilution factor to give the collagen concentration in the hydrolyzed sample. Depending on the sample preparation the amount of collagen in the original samples can be calculated.

Typical data
The shown data curve is provided for demonstration only. The exact $A_{570}$ values can vary slightly per experiment.

*A typical collagen standard curve in the range of 6 - 300 μg/ml collagen.*
Related products
- Human MMP-2 activity assay
- Mouse MMP-2 activity assay
- Human MMP-7 activity assay
- Mouse MMP-7 activity assay
- Human MMP-8 activity assay
- Human MMP-9 activity assay
- Mouse MMP-9 activity assay
- Soluble Collagen assay
- Hydroxyproline assay
- Total Protein assay
- Granzyme B activity Reagent Set

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